

RACE DAY EVENTS PRESENTS:

SUGAR RIVER TRIATHLON

2024 RACE WEEK UPDATE

RACE 6 OF 7 IN THE
WISCONSIN TRIATHLON SERIES



SUNDAY, AUGUST 25.

COMMUNITY PARK - BELLEVILLE



DATE & LOCATION

DATE: SUNDAY, AUGUST 25, 2024

LOCATION: COMMUNITY PARK

39 N. RIVER ST., BELLEVILLE, WI 53508

TIME: 7:30AM

PACKET PICK-UP

SATURDAY AUGUST 24, 2024

WHEEL & SPROCKET - MIDDLETON

6641 UNIVERSITY AVE.

MIDDLETON, WI 53562

TIME: 1:00PM - 4:00PM

SUNDAY AUGUST 25, 2024

COMMUNITY PARK

39. N RIVER ST.

BELLEVILLE, WI 53508

6:15AM - 7:00AM

TRANSITION CLOSES AT 7:15 AM SHARP

COURSE INFORMATION

[CLICK HERE TO VIEW THE COURSE MAPS](#)

MAPS SUBJECT TO CHANGE PENDING PERMITS.

WHAT YOU GET

- Gender Specific Race T-Shirt (women's shirts are fitted and run small, refer to sizing chart at registration)
- Finisher Medal
- Professional Race Timing with Fast, Accurate Results
- Free Digital Race Photos
- Wave Specific Swim Cap
- Finisher Food



PARKING INFORMATION

It is each runner's responsibility to arrive on time. We will not hold the event or wait for any runners who are running late. We recommend arriving to the race site no later than 7:00 AM to find parking, grab your race packet, make a bathroom stop and familiarize yourself with the layout of the area.

Parking is available within the city and on side streets. Obey all posted parking signs along street.

- Arrive early as parking will become congested.
- Please obey "No Parking" signs; they are posted for the safety of the athletes.

SUGAR RIVER WAVE SHEET

WAVE	START TIME	AGE GROUP	COLOR
1	7:30 AM	All Relays & Elites	Red
2	7:33 AM	Female Novice & Athena	Orange
3	7:38 AM	Male Novice & Clydesdale	Yellow
4	7:43 AM	Male 55 & Up	White
5	7:46 AM	Female 40 & Up	Green
6	7:49 AM	Male 45-54	Pink
7	7:52 AM	Female 30-39	Green
8	7:55 AM	Male 35-44	White
9	7:58 AM	Female 29 & Under	Orange
10	8:01 AM	Male 34 & Under	Yellow
11	8:04 AM	Optional Wetsuit Wave	Mixed Colors

RULES & REGULATIONS

MOST RECENT WATER TEMPERATURE:

76°

(AS OF 8/21/24)

WETSUIT RULES

- Wetsuits are mandatory in water temperatures less than 58° F.
- Competitors may wear wetsuits if the water temperature is 78 degrees or lower.
- If the water temperature is between 78.1 – 83.9 degrees, competitors may wear wetsuits but will not be eligible for awards (if this happens, a special start wave will be created).
- Wetsuits are prohibited in water temperatures greater than 84° F.
- Wetsuits cannot measure more than 5mm thick.

It is strongly encouraged to practice open water swimming prior to the event – with and without a wetsuit.

SWIM RULES

- Swim cap must be worn.
- Wetsuits may be worn.
- No fins, gloves, paddles, or flotation devices of any kind are allowed.

RUN RULES

- All runners are required to wear a bib number and it **MUST** face forward at the finish line.
- It is the responsibility of the athlete to know and follow the prescribed run course. There will be no time adjustments for any reason.

GENERAL RULES

- You **MUST** wear your timing chip on your **ANKLE** throughout the race. **NO CHIP = NO TIME.**
- All relay athletes will exchange the timing chip in transition.
- Racers and spectators must always follow volunteer and officials' instructions.
- Transition will remain closed until the last biker has moved on to their run. No one will be allowed back in for any reason.
- **DO NOT Litter. DO NOT** abandon equipment.
- Headphones are allowed for the run portion of the race. They are **NOT** allowed during the bike portion of the race and are highly discouraged for the swim.

BIKE RULES

- Athlete must wear a bike helmet at all times.
- All athletes need to mount/dismount the bike at the mount/dismount line.
- Obey all traffic laws while on the cycling course unless otherwise specifically directed by an official or law enforcement.
- Drafting is not allowed at any point during the race. Penalties and/or disqualifications will be given for drafting.
- It is the responsibility of the athlete to know and follow the prescribed bike course. There will be no time adjustments for any reason.
- We do our best to mark large potholes, but please keep your eyes open and make smart decisions to avoid road hazards.

AWARDS INFORMATION

- Overall awards 1st, 2nd, and 3rd will be awarded to men and women.
- Overall awards will also be given to 1st, 2nd, and 3rd relay teams.
- Age group awards 1st, 2nd, and 3rd will be awarded for each age group, men and women.
- Special award categories 1st, 2nd, and 3rd will be awarded to men in the Clydesdale category (men over 220 lbs) women in the Athena category (women over 165 lbs)

AGE GROUPS

- 19 and under, 20-24, 25-29, 30-34 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & above.



RESULTS

Results will be available upon finishing your race.

You will be able to find your results here:

[2024 Results](#)

SERIES SCORING

The Sugar River Triathlon is race number six of seven in the [Wisconsin Tri Series](#)!

All races in the series offer sprint distance while the [Wisconsin Triterium](#), [Green Lake](#), and [Tri-ing for Children](#) Triathlons also offer an Olympic distance.

Compete in as many races as you can for a chance at winning both overall and division awards for the Wisconsin Tri Series! Series scoring is based on your five best times out of the seven races. For full details, please visit our triathlon series website [here](#).



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